



**CSB IAS ACADEMY**  
THE ROAD MAP TO MUSSOORIE  
Hyderabad | Vijayawada



Balalatha's  
**CSB GROUPS**  
GUIDE TO SUCCESS  
Hyderabad | Vijayawada



**Andhra Loyola College**  
(Autonomous)

"YOUR VISION, OUR MISSION."

# Integrated Course for **DEGREE + IAS** **@VIJAYAWADA**

**CSB IAS ACADEMY** in collaboration with **Andhra Loyola College** is extending an innovative way for Preparing and Clearing Civil Services examination along with an undergraduate degree.

Integrated Course is flexible to Graduate ( **BTech, B.A , B.Com, B.Sc, MBBS & Other Courses**) and Post Graduate Students.

## **Our Branches**

CSB IAS ACADEMY, Bala Latha's Tushara building, Ashok Nagar,  
Hyderabad, Telangana - 500080.

Andhra Loyola College, Veterinary Colony, Vijayawada,  
Andhra Pradesh - 520008



Under the Guidance of  
**Smt. Bala Latha Mallavarapu**

Director, CSB IAS ACADEMY  
Hyderabad & Vijayawada

Two Times Civils Ranker, Topper in Political  
Science Optional in 2016 (329/500)

# A Collaboration for the Future

*“The best preparation for tomorrow is doing your best today”.*

**Andhra Loyola College** & **CSB IAS Academy** synergize to produce the next generation of Civil Servants: With a legacy of more than 475 years in the fields of education and public service, the Society of Jesus (Jesuits) hold a glorious past, that is irrefutable, invaluable and revered across the two Telugu states and India. In continuance with this legacy, the Andhra Loyola College founded in 1953 produced multitudes of exceptional personalities cross-cutting various streams. As the prestigious Andhra Loyola College is venturing into the field of Integrated Civils Preparation at the Under-graduate level, we at CSB IAS academy (under the guidance of Balalatha Ma'am) feel honoured to collaborate in this exceptional endeavour. This collaboration acts like a catalyst in channelizing the YuvaShakti (Youth force) into the Model citizens, and leaders of the next generation. Civil Services is one of the most prestigious and impactful professions in India, offering an opportunity to serve the nation directly and contribute to nation-building.

Civil servants play a crucial role in policy-making, governance, and administration, ensuring effective implementation of laws and welfare programs.

Preparing for Civil Services is a transformative journey that goes beyond just clearing an exam; it shapes critical thinking, problem-solving, and leadership skills. It demands a deep understanding of governance, society, and global affairs. The rigorous preparation process enhances analytical abilities, decision-making, and adaptability—qualities essential for public administration. It also instils perseverance, patience, and a sense of responsibility towards the nation. “The best preparation for tomorrow is doing your best today”. An early start of the Civil Services preparation provides a strong foundation, allowing ample time for experiential learning, critical thinking, holistic development of personality. It gives a competitive edge, ultimately increasing the chances of success in this challenging journey.

It helps in building a habit of reading newspapers, understanding current affairs, and mastering subjects like polity, history, and economics gradually.

UPSC preparation and degree courses, complement each other by reinforcing core knowledge, analytical thinking, and writing skills. The structured approach required for UPSC enhances comprehension and retention of academic subjects, while the depth of university coursework aids in better understanding of UPSC topics. This synergy ensures that students develop a well-rounded perspective, allowing them to excel both in their degree and competitive exams.

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ANDHRA LOYOLA COLLEGE, VIJAYAWADA, ANDHRA PRADESH

# Why Students should prepare for UPSC Civil Services along with their Graduation?

The Union Public Service Commission (UPSC) Civil Services Examination (CSE) is one of the most prestigious and challenging competitive exams in India. Every year, thousands of aspirants compete for a few hundred vacancies in services like the Indian Administrative Service (IAS), Indian Police Service (IPS), and Indian Foreign Service (IFS). Given the complexity and vastness of the syllabus, it is highly beneficial for students to begin their UPSC preparation alongside their graduation. Here are some compelling reasons why early preparation is advantageous:

## Optimal Utilization of Time

The UPSC syllabus is vast, covering subjects like history, geography, polity, economics, and current affairs. Starting preparation during graduation helps students integrate their studies, build a strong foundation, and manage time efficiently without delaying their attempts post-graduation.

## Early Exposure to UPSC Pattern

Beginning early helps students familiarize themselves with the pattern of the exam, including the Prelims (objective type), Mains (descriptive type), and the Interview (Personality Test). This exposure builds confidence and reduces anxiety when they appear for the actual exam after graduation.

## Stronger Conceptual Clarity

Preparing alongside graduation allows students to develop a deep understanding of fundamental concepts, which are crucial for answering analytical and essay-based questions in the Mains exam. A well-built conceptual foundation also helps in effective answer writing, a key determinant in securing high marks.

## Consistency and Discipline

The preparation process requires dedicated effort and consistency. By cultivating disciplined study habits early on, students can gradually build a routine that balances college studies, UPSC preparation, and other activities. This discipline will be beneficial not only for the exam but also in their future career.

## Exposure to Current Affairs and General Awareness

UPSC aspirants must stay updated with national and international current affairs. Starting early allows students to cultivate the habit of reading newspapers, analyzing sociopolitical issues, and forming informed opinions. This habit is instrumental in both Prelims and Mains, as well as during the Interview stage.



## Reduced Pressure Post-Graduation

If students start preparing early, they can cover a significant portion of the syllabus before graduation. This minimizes the burden of extensive post-graduate preparation and increases the chances of clearing the exam in the first few attempts, saving valuable time and effort.

## Competitive Edge Over Late Starters

The UPSC examination is highly competitive, and starting early provides an edge over those who begin preparation after graduation. It allows aspirants to attempt mock tests, revise multiple times, and refine their strategies well in advance.

## Flexibility to Choose Optional Subjects

Since Mains includes an optional subject, students who start early can explore different subjects and identify the one they are most comfortable with. This ensures a well-informed choice, leading to better performance in the exam.

## Syllabus Overlap with Graduation Subjects

For Students in humanities and social sciences benefit from the overlap between their coursework and the UPSC syllabus. Subjects like political science, economics, and public administration align with General Studies, enabling them to excel in both academics and UPSC preparation.

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# HOW UPSC PREPARATION ENHANCES GRADUATION PERFORMANCE FOR STUDENTS?

*For students pursuing graduation, UPSC preparation significantly enhances their academic performance in the following ways:*



## **Stronger Conceptual Clarity:**

Subjects like history, political science, and economics are integral to understanding the world around us and UPSC. Preparing for UPSC reinforces foundational concepts, helping students perform better in college exams.



## **Improved Writing and Analytical Skills:**

UPSC Mains requires extensive answer writing, which enhances structured thinking, articulation, and argumentation. These skills are invaluable in graduation disciplines that demand essay writing and critical analysis.



## **Better Research and Interpretation Abilities:**

The need to analyze diverse sources, form opinions, and interpret historical and political events develops research proficiency, which is beneficial for thesis writing, assignments, and presentations in graduation.



## **Enhanced General Awareness:**

The habit of reading newspapers and staying updated with current affairs gives students a broader perspective, making them more informed in class discussions and debates.



## **Time Management and Discipline:**

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# Unique aspects of the **INTEGRATED COURSE**

## Field Visits and Practical Exposure :

Engaging in field visits and real-world experiences enhances civil services preparation by providing firsthand exposure to governance, administration, and Key activities include:

### Interacting with Administrators:

Engaging with IAS, societal issues. IPS, or other officers provides practical insights into administrative governance, policy making, and real-life challenges.

### Tribal Area Visits:

Help understand the challenges faced by indigenous communities, including issues of displacement, livelihood, and development policies. This is particularly useful for topics in Anthropology, Polity, and Social



### Live Farming Experience:

Offers insights into agrarian issues, rural economy, and the impact of government schemes like MSP, PM KISAN, and land reforms, which are relevant for Economics and Geography.

### Decode Biodiversity Fast:

Enhance knowledge of biodiversity, conservation efforts, and environmental policies, which are crucial for Environment & Ecology topics in both Prelims and Main.

### Group Discussions (GDs):

Improve articulation, critical thinking, and structured argumentation skills essential for the Mains and Interview stages.



### Hobbies and Personality Development

Developing Hobbies like reading, trekking, martial arts, music, or sports help manage stress and stay motivated during UPSC preparation. Extracurricular activities build leadership, teamwork, and decision-making skills, while debates enhance public speaking and diplomacy, benefiting the UPSC interview.

### Flexible to Students

Integrated Course is flexible to Graduate ( **BTech, B.A, B.Com, B.Sc, MBBS & Other Courses** ) and Post Graduate Students.

## Activities



*A structured 500-hour study plan per year, spread across three years of graduation, provides a strong foundation for UPSC preparation.*

*This approach ensures gradual learning, conceptual clarity, and sustained revision without overwhelming students.*

<b>First Year:</b>	Focus on foundational subjects like Polity, History, Geography, and Economics through Approximately 500 hours & above of classes and basic tests, emphasizing conceptual understanding.
<b>Second Year:</b>	Deepen knowledge with advanced topics, answer writing practice, and current affairs through Approximately 500 hours & above of study and regular tests covering both Prelims and Mains formats.
<b>Third Year:</b>	Intensive advanced topics training and Optional preparation with full-length mock tests, and interview preparation with Approximately 580 hours & above of classes and extensive test practice, refining analytical skills and exam strategy.

### **A Dual Approach for Comprehensive Exam Preparation**

An integrated UPSC Civil Services cum Degree course facilitates State Services preparation by aligning the curriculum with the foundational requirements of both the UPSC and state-level exams.

This dual approach ensures a seamless preparation strategy, covering a wide range of subjects and critical areas of knowledge, while simultaneously fulfilling academic degree requirements.

As a result, candidates develop a deeper understanding of key topics, strengthen their analytical abilities, and gain a competitive edge in both UPSC and state services examinations.

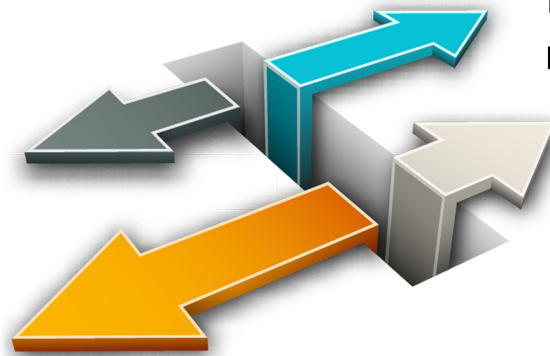
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## Go to the end of the document for detailed year wise breakup of syllabus and subjects.

We provide students with essential resources on a daily basis to keep them updated and well-prepared for their exams. These include the

**Beacon**, which helps in identifying key current affairs from newspapers that are important from an exam perspective.

**Prelims Edge**, a document containing crucial current affairs along with MCQs for practice.



**Mains Impact**, which focuses on current affairs from a Mains perspective.

**Monthly Magazines** provide comprehensive and detailed analyses of significant events each month. In addition, we share regular current affairs videos on our social media platforms, ensuring that students have access to timely information. All these materials are carefully curated under expert guidance to ensure quality and relevance.

By systematically spreading learning over **three years**, aspirants can balance college academics with UPSC preparation, making their journey **efficient, less stressful, and more result-oriented**.

Preparing for UPSC alongside graduation is a strategic and wise decision that ensures a strong foundation, better time management, and an enhanced success rate. With early exposure, disciplined preparation, and consistent effort, students can maximize their chances of achieving their dream of serving the nation through the Civil Services.

*“Starting early is the key to success  
in the UPSC journey”*

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<b>1st Year</b>	
Syllabus analysis	[ 15 hr ]
Current Affairs	[ 50 hr ]
<b>Basics</b>	
History [Ancient & Medieval]	[ 60 hr ]
Art & Culture	[ 20 hr ]
Physical Geography of India	[ 30 hr ]
Polity (Constitution, Preamble, Fundamental Rights, etc.)	[ 40 hr ]
Economy key concepts	[ 40 hr ]
(Fundamentals of Economics, Demand and Supply, Exchange Rate System, Evolution of Indian Economy etc.)	[ 30 hr ]
Environment Basics	
Ethics	[ 20 hr ]
(Attitude, Emotional Intelligence, Probity, Western Thinkers)	
Map Pointing	[ 25 hr ]
Essay & Paragraph writing	[ 30 hr ]
Communication skills (CSAT)	[ 30 hr ]
Reasoning (CSAT)	[ 30 hr ]
<b>Total</b>	[ 420 hr ]
<b>Test + Test Discussion</b>	[ 80 hr ]

<b>2nd Year</b>	
Modern Indian History	[ 60 hr ]
Physical and World Geography & Disaster Management	[ 75 hr ]
Indian Society	[ 30 hr ]
Ethics (Indian Thinkers, Case Studies, Ethics in Governance etc.)	[ 40 hr ]
Economy (Banking, Finance, Money Market, National Income etc.)	[ 50 hr ]
Polity (Parliament, Federalism, Constitutional Bodies etc.)	[ 40 hr ]
International Relations	[ 25 hr ]
Governance	[ 30 hr ]
Science & Technology Basics	[ 30 hr ]
Field visits	
Answer writing	[ 10 hr ]
Aptitude	[ 30 hr ]
<b>Total</b>	[ 420 hr ]
<b>Test + Test Discussion</b>	[ 80 hr ]
<b>State &amp; National level Executive interaction sessions</b>	

<b>3rd Year</b>	
Post independent India	[ 30 hr ]
Indian Geography	[ 50 hr ]
Internal security	[ 30 hr ]
Optional subject	[ 200 hr ]
World History	[ 30 hr ]
CSAT (Revision)	[ 30 hr ]
International Relations Advanced	[ 30 hr ]
Environment Advanced	[ 45 hr ]
Science & Technology Advanced	[ 45 hr ]
Answer Writing	[ 10 hr ]
<b>Total</b>	[ 500 hr ]
<b>Test + Test Discussion</b>	[ 80 hr ]

**Note:** Classes will be extend based on syllabus and additional tests also conducted for the improvement of students

### Additional Work to be done by the Students

- Course material and workbook preparation by students.
- Hobbies development and Extra-curricular activities.
- In service Executive interaction from Panchayat level.
- **Field visits** Archeological site visits, Cultural and Heritage site Assessments, Tribal visits, Farm visits, National park visit etc....

### Additional Work to be done by the Students

- Report Writing
- Editorials
- Contemporary articles
- Paragraph writing
- Reading Comprehension (CSAT)

**4<sup>th</sup> Year** deals with Mentorship Programme & Specially Emphasised on Students who are appearing for UPSC Prelims & Mains and state services.

## ★ Brief Note ★

Special focus will be given to your academic courses. This special initiative is only a subsidiary to your academics, doesn't interfere with your regular academic schedules.

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# GENERAL STUDIES

## PRELIMS CUM MAINS

"We believe that every individual is capable of achieving whatever they want at any stage of their life." This is the motto that CSB IAS academy trusts and strives to actualize.

Many aspirants live in a myth that Civil Services Examination is for elite groups and college toppers. Our aim is to break that illusion. We want to prove that UPSC is level playing field for everyone.

Aspirants with hard work, passion and 100% dedication can achieve success in this examination. We at CSB IAS ACADEMY provides a road-map to take aspirants for reaching their ambition.

### Key Features of GS Prelims cum Mains

#### Instruction:

1. 10 months duration.
2. A new batch every two months. Offline and Online (Live + Recording)
3. General Studies+ CSAT.
4. Classes held by the India's best and experienced faculty under the guidance of Mrs Balalatha Ma'am.
5. Updated study material.
6. Daily Newspaper analysis.
7. Monthly magazine.

#### Assessment:

1. Inclusive tests for both Prelims and Mains
2. Daily MCQ
3. Writing practice and Answer writing sessions
4. PYQ Discussion
5. NCERT Tests
6. Class or Topic wise tests.
7. Subject wise & Sectional Tests

#### Guidance:

1. Personalized mentorship.
2. Doubt clearing sessions.
3. Guest lecturers by Selected candidates or in service officers for motivation.

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# UPSC Exam Pattern

## Prelims

Paper	Type	No. of Questions	Total Marks	Duration	Negative Marks
General Studies I	Objective	100	200	2hours	0.66 marks for Paper 1 (GS)
General Studies II (CSAT)	Objective	80	200	2hours	0.83 marks for Paper 2 (CSAT)
Total UPSC marks for Prelims	400 (where GS Paper II is qualifying in nature with minimum qualifying marks fixed at 33%)				

**275 MARKS** Personality Test

## Mains

Paper	Subject	Duration	Total marks
Paper A	Compulsory Indian language	3 hours	300
Paper B	English	3 hours	300
Paper I	Essay	3 hours	250
Paper II	General Studies I	3 hours	250
Paper III	General Studies II	3 hours	250
Paper IV	General Studies III	3 hours	250
Paper V	General Studies - IV	3 hours	250
Paper VI	Optional - I	3 hours	250
Paper VII	Optional - II	3 hours	250

Your **DREAM,**  
Our **RESPONSIBILITY**



Scan the QR code for  
UPSC Syllabus



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“


*If you can dream it,  
you can do it,  
If I can do it,  
anyone can do it.*

”



## Contact Us

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